Ensuring the Master Plan Meets the Needs of Students

Basic Needs of Students: Food, Mental Health, & Housing Panel

March 1, 2018

Tim Galarneau
University of California, Basic Needs Co-Chair

Global Food Initiative
UNIVERSITY OF CALIFORNIA
University of California

- 10 campuses
- 5 medical centers
- 3 national laboratories
- 150 academic disciplines
- 600 graduate degree programs
- Student Populations (F’15):
  - UG: 198,866
  - Graduate Academic: 32,346
  - Graduate Professional: 20,502
- 198,300 employees
- 1.7 million living alumni

Peter Hinrichs

“For students, tuition is only one part of the calculation, as food, housing, books and supplies eat up a hefty portion of their budgets, even at low-cost community colleges.

It is no longer feasible for students to work their way through college to pay the bills, according to the project. Working 10 hours a week for minimum wage during the school year and 35 hours a week over summer break was enough to pay tuition, room and board at the average public college in the 1960s and 1970s.

Today, the same amount of work covers only one-third of the cost of the average public four-year university because of the increase in prices and decrease in the minimum wage in real terms.”

Washington Post; April 4th, 2017
USDA Module: Assessing Food Security

- 18-items – households w/children
- 10-items – households w/o children
- 6-items – short version
  - Food bought did not last
  - Couldn’t afford balanced meals
  - Cut size or skipped meals
  - Item on frequency of cut/skipped meals
  - Ate less than felt should
  - Hungry but did not eat
FOOD INSECURITY IN U.S. HOUSEHOLDS

- Food-secure households—86.0%
- Food-insecure households—14.0%
  - Households with low food security—8.4%
  - Households with very low food security—5.6%

17M American households
48M Americans

Food Insecurity in U.S. Colleges
(Majority use 6 Item, Older Studies Use Old Version)

59% W. Oregon U (n=354)
19% CSU Sacramento (n=67)
32% Arizona State (n=209)
21% U Hawaii Manoa (n=410)
31% U Texas (n=258)
35% Illinois U campuses (n=1882)
25% UMass Boston (n=390)
56% Maryland community colleges (n=301)
73% U North Carolina (n=504)
14% U Alabama (n=557)
UC Basic Needs Programs and Services

- Deepen understanding of the student experience
- Evaluation of interventions
- Proactive Reporting

- Sustainable efforts
- Institutionalization
- Directly and indirectly impact student basic needs

- Prospective Students
- Admissions
- 1st Year Experience
- CalFresh
- Skills/Services
- Emergency/Crisis

- Local, state, regional, and national
- Policies, structures, and decision making processes

Research

Sustainability

Prevention & Support

Advocacy & Collaboration
<table>
<thead>
<tr>
<th>N= 8,932</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total food insecure</strong></td>
</tr>
<tr>
<td><strong>Child history food insecurity</strong></td>
</tr>
<tr>
<td><strong>By academic level</strong></td>
</tr>
<tr>
<td>Undergraduate</td>
</tr>
<tr>
<td>Graduate</td>
</tr>
<tr>
<td><strong>By race/ethnicity</strong></td>
</tr>
<tr>
<td>White</td>
</tr>
<tr>
<td>Black</td>
</tr>
<tr>
<td>Hispanic</td>
</tr>
<tr>
<td>Asian</td>
</tr>
<tr>
<td>Mixed race/other</td>
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UC Data and Research

- UC Undergraduate Student Experience Survey (UCUES)
- Graduate Well-being Survey (new)
- Costs of Attendance Survey (with new graduate COA released)
- 2016 Results are in…. With over 63,000 undergrads and 6,700 graduate students.
# UC Data and Research

## Food and Housing Insecurity Study across Surveys

### Student Surveys with Food and Housing Insecurity Questions

<table>
<thead>
<tr>
<th></th>
<th>UC Undergraduate Experience Survey (UCUES)</th>
<th>Graduate Well-being Survey</th>
<th>Student Food Access and Security Study</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Population</strong></td>
<td>Undergraduates population</td>
<td>Graduates sample</td>
<td>Undergraduates &amp; Graduates sample</td>
</tr>
<tr>
<td><strong>Period</strong></td>
<td>3/31/16-8/16/16</td>
<td>1/04/16-4/29/16</td>
<td>4/20/15-5/29/15</td>
</tr>
<tr>
<td><strong># Responses</strong></td>
<td>63,132</td>
<td>6,764</td>
<td>8,932</td>
</tr>
<tr>
<td><strong>Response Rate</strong></td>
<td>33%</td>
<td>50%</td>
<td>14%</td>
</tr>
<tr>
<td><strong>Periodicity</strong></td>
<td>Every two years</td>
<td>One-time administration</td>
<td>One-time administration</td>
</tr>
</tbody>
</table>
Timeline of Progress

2014 - 2015

➢ Established food security committees on all UC campuses
➢ Campus assessments of existing programs and services undertaken
➢ Hosted CA Higher Ed Food Summit @ UCSB
➢ UC President funds $75,000 per campus for emergency relief, NPI study conducted, and system-wide travel and project development support initiated

2015 – 2016

➢ Operationalized emergency relief resources and support services for students in need
➢ Impact data collected for all 10 campuses
➢ Completed 2020 Strategic Work & Budget Plan
➢ UCUES, Graduate Wellbeing, Cost of Attendance Surveys Updated—NCHA revised
➢ UC President Committed: $3.3 Million Total, 2 Years (Increased Campus Funding 2X)
Prevention & Support

Timeline of Progress

2016-2018

➢ Host bi-annual (twice a year) systemwide Basic Needs leadership meetings
➢ Host monthly systemwide campus leadership Basic Needs calls and quarterly professional development webinars
➢ Released a Best Practices Tool Kit on campus level food insecurity interventions
➢ Established shared Basic Needs outcome and impact evaluation and reporting timelines for campus efforts
➢ Provided over 22,000 students with direct Basic Needs services and support on campuses
➢ Launched central online websites and communication resources for Basic Needs on all campuses
➢ Four Basic Needs Resource Centers have opened with other campuses going online by Fall 2018
➢ Enrolled over 8,000 students in CalFresh with proactive county to campus support teams
➢ UC Food and Housing Security Report (Dec 2017)
Per Capita Gift Aid for New Freshmen
Advocacy and Collaboration

- **Emerging CA Basic Needs Policy Landscape:** (Food) AB 214, 453/SB85, 1747, & 1930; (Homelessness) AB801, 1228

- **National Engagement:** participated in over 34 conferences and meetings to share, connect, and uplift Basic Needs efforts in Higher Education

- **Strengthening Partnerships across California:** CDSS and CalFresh, Food Banks and Homeless Youth Services, to Sister Sector Convening
Advocacy and Collaboration

UC-CSU-CCC

- Developing a Strategic Basic Needs Vision in CA Higher Ed
- Building Proactive Communication and Engagement
- Sharing Institutional Research and Analysis
Sustainability and Moving Forward in the UC

- Pre UC
- Admissions Messaging
- 1st YR Experience
- UC CalFresh
- Basic Needs Skills
- Emergency Relief
- Crisis Resolution

All Students
Basic Need Insecure Populations
UC GFI Basic Needs Resources

Website:
http://universityofcalifornia.edu/global-food-initiative

2017 Basic Needs Report:

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