



California State Assembly

**ALEX LEE**

ASSEMBLYMEMBER, 24TH DISTRICT



Dear Friend,

Aging often comes with lifestyle adjustments for you and your family. The programs listed in this brochure are specifically designed to benefit seniors in the 24th Assembly District.



This information will empower you to make informed decisions regarding services you may require. It will help you deal with often complicated bureaucracy that is difficult to navigate.



If there is any way that I can further assist you in dealing with government agencies, please don't hesitate to contact me. It is a pleasure to serve you.



Sincerely,

**Alex Lee**  
Assemblymember, 24th District



## ASSEMBLY OFFICE HELP FOR SENIORS

### CONSTITUENT SERVICES

*My staff can assist you with state-related matters, such as:*

- Department of Motor Vehicles
- Foreclosure Prevention Programs
- Consumer Complaints
- Veterans' Benefits
- Unemployment and Disability Insurance
- State Taxes
- Professional Conduct or Licensing Complaints
- Medi-Cal and Covered California

### STATE INFORMATION

*My office can provide you information on:*

- Consumer Protection
- The State Budget
- State Agency Phone Numbers
- Reports Issued by the Legislature and State Agencies
- State Capitol Tours
- Government Forms and Publications

### LEGISLATIVE SERVICES

*Contact my office if you want to:*

- Express an Opinion
- Propose a New Law
- Ask for Copies, Summaries, and Information on Bills
- Get Involved in the Legislative Process
- Find Information on How a Bill Becomes a Law
- Be Notified of Legislative Hearings
- Report Agency Misconduct



**ALEX LEE**

ASSEMBLYMEMBER, 24TH DISTRICT

### DISTRICT OFFICE:

1313 N. Milpitas Blvd Suite #255  
Milpitas, Ca 95035  
Tel: (408) 262-2501  
Fax: (408) 262-2512

### CAPITOL OFFICE:

State Capitol  
P.O. Box 942849  
Sacramento, CA 94249-0024  
(916) 319-2024  
Fax: (916) 319-2124

### WEBSITE:

[www.asmdc.org/lee](http://www.asmdc.org/lee)

### ASSEMBLY WEBSITE:

[www.asm.ca.gov](http://www.asm.ca.gov)



# SENIOR RESOURCES







AGENCIES

Office of Assemblymember Alex Lee.....(408) 262-2501  
Alameda County Department of Adult  
and Aging Services.....(510) 577-1900  
Santa Clara County Department of  
Aging and Adult Services.....(408) 755-7600

ALCOHOLISM AND DRUG ABUSE

Alameda County Behavioral  
Health Care Services .....(844) 682-7215  
Santa Clara County Substance Use  
Treatment Services ..... (800) 488-9919  
Alcoholics Anonymous (Fremont)..... (510) 431-2228  
Alcoholics Anonymous  
(Santa Clara County)..... (408) 374-8511

ALZHEIMER'S

Alzheimer's Services  
of the East Bay (Berkeley) .....(510) 644-8292  
Hearts and Minds  
Activity Center (San Jose) .....(408) 279-7515

CAREGIVER SUPPORT PROGRAMS

City of Fremont Human Services  
Department ..... (510) 574-2050  
Santa Clara County Aging  
and Adult Services ..... (408) 755-7600

DISABILITY

Americans with Disability Act.....(800) 514-0301  
CA Department of Rehabilitation .....(800) 952-5544  
Disability Rights CA.....(916) 504-5800  
CA Telephone Access Program .....(800) 806-1191

ELDER ABUSE

Alameda County Adult Protective Services....(510) 577-3500  
Alameda County Ombudsman Program .....(510) 638-6878  
CA Advocates for Nursing Home Reform..... (800) 474-1116  
Santa Clara County  
Adult Protective Services .....(408) 975-4900  
Santa Clara County Public  
Adminstrator/Guardian/Conservator..... (408) 755-7610

EMPLOYMENT PROGRAMS

Service Corps of Retired Executives  
(Fremont).....(510) 273-6611  
Sourcewise Senior Employment Services  
(Santa Clara County)..... (408) 350-3200

FINANCIAL ASSISTANCE

CA Franchise Tax Board .....(800) 852-5711  
Fremont Family Resource Center  
Free Tax Preparation .....(510) 574-2026

FOOD ASSISTANCE

Santa Clara County Social Services Agency  
(CalFresh) .....(877) 962-3633/(408) 758-3800  
Senior Nutrition Program,  
County of Santa Clara..... (408) 755-7680  
Alameda County Community Food Bank .....(510) 635-3663  
Meals on Wheels of Alameda County ..... (510) 777-9560  
Meals on Wheels- Santa Clara County .....(408) 350-3246  
Second Harvest of Silicon Valley .....(800) 984-3663  
Catholic Charities of Santa Clara County .....(408) 468-0100

HEALTH INSURANCE

Sourcewise Community Solutions  
(Santa Clara County Health Insurance  
Counseling and Advocacy Program) ..... (408) 296-8290  
Legal Assistance for Seniors  
(Alameda County Health Insurance Counseling  
and Advocacy Program).....(510) 839-0393  
Santa Clara County Social Services Agency  
(Medi-Cal) .....(877) 962-3633/(408) 758-3800  
Medicare ..... (800) 633-4227

HOUSING ASSISTANCE

CA State Controller Property Tax  
Postponement Program .....(800) 952-5661  
Alameda County Housing and Community  
Development Department.....(510) 670-5404  
Alameda County Housing Authority .....(510) 538-8876  
Santa Clara County Office of  
Supportive Housing .....(408) 278-6400

HOSPICE

ProMedica Hospice Serving Alameda  
and Santa Clara Counties .....(408) 450-7850  
Kindred Healthcare .....(866) 546-3733  
Suncrest Hospice.....(408) 900-8838

IMMIGRATION

Santa Clara County Bar Association Lawyer  
Referral Service .....(669) 302-7803  
Asian Law Alliance .....(408) 287-9710  
Immigration Institute  
of the Bay Area (Fremont)..... (510) 894-3639  
Katharine and George Alexander  
Community Law Center.....(408) 288-7030  
Pangea Legal Services.....(415) 254-0475  
SIREN / Services, Immigrant Rights,  
and Education Network (Bay Area) ..... (408) 453-3003

LEGAL ASSISTANCE

Alameda County Volunteer Legal Services.....(510) 302-2222  
Bay Area Legal Aid.....(800) 551-5554/(408) 283-3700  
Law Foundation of Silicon Valley.....(480) 293-4790  
Senior Legal Hotline of Northern CA .....(916) 551-2140  
Senior Adults Legal Services  
(Santa Clara County) .....(408) 295-5991

MEDICAL CARE

Highland Hospital Dental Clinic (Oakland).....(510) 437-4473  
Alameda Health System.....(510) 437-8500  
Santa Clara Valley Medical Center.....(408) 885-5000  
Regional Medical Center (San Jose) ..... (408) 259-5000

MENTAL HEALTH

988 Suicide and Crisis Lifeline ..... 988  
CA Department of Health Care Services  
ACCESS Program..... (916) 322-7445  
Alameda County Behavioral  
Health Care Services ..... (800) 491-9099  
Alameda County Crisis Support Services ..... (800) 309-2131  
Santa Clara County Behavioral  
Health Services.....(800) 704-0900  
Crestwood Treatment Center (Fremont) .....(510) 793-8383

NAMI: National Alliance  
on Mental Illness Santa Clara County .....(408) 453-0400  
City of Fremont Senior InfoLine  
(Tri-City Area) ..... (510) 574-2041

NURSING

CA Dept. of Public Health .....(800) 236-9747  
Alameda County In-Home  
Supportive Services .....(510) 577-1900  
Santa Clara County In-Home  
Supportive Services ..... (408) 792-1600  
TheKey/Home Care Assistance.....  
(Alameda and Santa Clara Counties) .....(925) 474-8900

SENIOR CENTERS

Age Well Center at Lake Elizabeth  
(Fremont) .....(510) 790-6600  
Barbara Lee Senior Center (Milpitas) ..... (408) 586-3400  
Clark W. Redeker Newark Senior Center ..... (510) 578-4840  
Cypress Community and Senior Center  
(San Jose).....(408) 244-1353  
Santa Clara Senior Center.....(408) 615-3170

TRANSPORTATION

AC Transit Senior Discount ..... (510) 891-4777  
East Bay Paratransit.....(510) 287-5000  
Santa Clara County  
VTA Access Paratransit..... (408) 321-2380  
Heart of the Valley, Services for Seniors ..... (408) 241-1571

UTILITIES

PG&E Energy Assistance Programs..... (800) 743-5000  
CA Department of Community Services and  
Development (LIHEAP/Low-Income Home Energy  
Assistance Program).....(866) 675-6623

VETERANS

Santa Clara County  
Office of Veterans Services ..... (408) 918-4980  
Veterans Crisis Line .....(800) 273-8255  
San Jose Vet Center.....(408) 574-9200  
Alameda County Veterans Service Office.....(510) 577-1926