Dear Friend,

Aging often comes with lifestyle adjustments for you and your family. The programs listed in this brochure are specifically designed to benefit seniors in the 24th Assembly District.

This information will empower you to make informed decisions regarding services you may require. It will help you deal with often complicated bureaucracy that is difficult to navigate.

If there is any way that I can further assist you in dealing with government agencies, please don’t hesitate to contact me. It is a pleasure to serve you.

Sincerely,

Alex Lee
Assemblymember, 24th District

ASSEMBLY OFFICE HELP FOR SENIORS

CONSTITUENT SERVICES
My staff can assist you with state-related matters, such as:
- Department of Motor Vehicles
- Foreclosure Prevention Programs
- Consumer Complaints
- Veterans’ Benefits
- Unemployment and Disability Insurance
- State Taxes
- Professional Conduct or Licensing Complaints
- Medi-Cal and Covered California

STATE INFORMATION
My office can provide you information on:
- Consumer Protection
- The State Budget
- State Agency Phone Numbers
- Reports Issued by the Legislature and State Agencies
- State Capitol Tours
- Government Forms and Publications

LEGISLATIVE SERVICES
Contact my office if you want to:
- Express an Opinion
- Propose a New Law
- Ask for Copies, Summaries, and Information on Bills
- Get Involved in the Legislative Process
- Find Information on How a Bill Becomes a Law
- Be Notified of Legislative Hearings
- Report Agency Misconduct
AGENCIES
Office of Assemblymember Alex Lee (408) 262-2501
Alameda County Department of Aging and Adult Services (510) 577-1900
Santa Clara County Department of Aging and Adult Services (408) 755-7600

ALCOHOLISM AND DRUG ABUSE
Alameda County Behavioral Health Care Services (844) 682-7215
Santa Clara County Substance Use Treatment Services (800) 488-9919
Alcoholics Anonymous (Fremont) (510) 431-2228
Alcoholics Anonymous (Santa Clara County) (408) 374-8511

ALZHEIMER’S
Alzheimer’s Services of the East Bay (Berkeley) (510) 644-8292
Hearts and Minds Activity Center (San Jose) (408) 279-7515

CAREGIVER SUPPORT PROGRAMS
City of Fremont Human Services Department (510) 574-2050
Santa Clara County Aging and Adult Services (408) 755-7600

DISABILITY
Americans with Disabilities Act (408) 514-0301
CA Department of Rehabilitation (800) 952-5544
Disability Rights CA (760) 504-5800
CA Telephone Access Program (800) 806-1991

ELDER ABUSE
Alameda County Adult Protective Services (510) 577-3500
Alameda County Ombudsman Program (510) 638-6878
CA Advocates for Nursing Home Reform (800) 474-1116
Santa Clara County Adult Protective Services (408) 975-4900
Santa Clara County Public Administrator/Guardian/Conservator (408) 755-7610

EMPLOYMENT PROGRAMS
Service Corps of Retired Executives (Fremont) (510) 273-6611
Senior and Aging Service Employment Programs (Santa Clara County) (408) 350-3200

FINANCIAL ASSISTANCE
CA Franchise Tax Board (800) 852-5711
Fremont Family Resource Center (Free Tax Preparation) (510) 574-2026

FOOD ASSISTANCE
Santa Clara County Social Services Agency (CalFresh) (877) 962-3633 (408) 758-3800
Senior Nutrition Program
County of Santa Clara (408) 755-7680
Alameda County Community Food Bank (510) 635-3663
Meals on Wheels of Alameda County (510) 777-9560
Meals on Wheels - Santa Clara County (408) 350-3246
Second Harvest of Silicon Valley (800) 984-3663
Catholic Charities of Santa Clara County (408) 458-0100

HEALTH INSURANCE
Sourcewise Community Solutions (Santa Clara County Health Insurance Counseling and Advocacy Program) (408) 296-8290
Legal Assistance for Seniors (Alameda County Health Insurance Counseling and Advocacy Program) (510) 839-0393
Santa Clara County Social Services Agency (Medi-Cal) (408) 296-3633 (408) 758-3800
Medicare (800) 633-4227

HOUSING ASSISTANCE
CA State Controller Property Tax Postponement Program (800) 952-5661
Alameda County Housing and Community Development Department (510) 670-5404
Alameda County Housing Authority (510) 538-8876
Santa Clara County Office of Subtractive Housing (408) 278-6400

HOSPICE
ProMedica Hospice Serving Alameda and Santa Clara Counties (408) 450-7850
Kindred Healthcare (866) 546-3733
Suncrest Hospice (408) 900-8838

IMMIGRATION
Santa Clara County Bar Association Lawyer Referral Service (669) 302-7803
Asian Law Alliance (408) 287-9710
Immigration Institute of the Bay Area (Fremont) (510) 894-3639
Katherine and George Alexander Community Law Center (408) 288-7030
Pangea Legal Services (415) 354-0475
SIREN / Services, Immigrants Rights, and Education Network (Bay Area) (408) 453-3003

LEGAL ASSISTANCE
Alameda County Volunteer Legal Services (510) 302-2222
Bay Area Legal Aid (800) 551-5554 (408) 283-3700
Legal Foundation of Silicon Valley (408) 293-4790
Senior Legal Hotline of Northern CA (916) 551-2140
Senior Adults Legal Services (Santa Clara County) (408) 295-5991

MEDICAL CARE
Highland Hospital Dental Clinic (Oakland) (510) 437-4473
Alameda Health System (510) 437-8500
Santa Clara Valley Medical Center (408) 885-5000
Regional Medical Center (San Jose) (408) 259-5000

MENTAL HEALTH
988 Suicide and Crisis Lifeline (800) 988
CA Department of Health Care Services ACCESS Program (916) 322-7445
Alameda County Behavioral Health Care Services (800) 491-9099
Alameda County Crisis Support Services (800) 309-2131
Alameda County Behavioral Health Services (800) 704-0900
Crestwood Treatment Center (Fremont) (510) 793-8383

NAMI: National Alliance on Mental Illness Santa Clara County (408) 453-0400
City of Fremont Senior InfoLine (510) 574-2041

NURSING
CA Dept. of Public Health (800) 236-9747
Alameda County In-Home Supportive Services (510) 577-1900
Santa Clara County In-Home Supportive Services (408) 792-1600
TheKey/Home Care Assistance (Alameda and Santa Clara Counties) (925) 474-8900

SENIOR CENTERS
Age Well Center at Lake Elizabeth (Fremont) (510) 790-6400
Barbara Lee Senior Center (San Leandro) (510) 566-3400
Clark W. Redeker Newark Senior Center (510) 578-4840
Cypress Community and Senior Center (San Jose) (408) 244-1353
Santa Clara Senior Center (408) 651-3170

TRANSPORTATION
AC Transit, Senior Discount (408) 871-9977
East Bay Paratransit (510) 287-5000
Santa Clara County VITA Access Paratransit (800) 321-2380
Housing of the Valley, Services for Seniors (408) 241-1571

UTILITIES
PG&E Energy Assistance Programs (800) 743-5000
CA Department of Community Services and Development (LIHEAP/Low-Income Home Energy Assistance Program) (806) 675-6623

VETERANS
Santa Clara County Office of Veterans Services (408) 918-4980
Veterans Crisis Line (800) 273-8255
San Jose Vet Center (408) 574-9200
Alameda County Veterans Service Office (510) 577-1926